

Santa Cruz Zen Center



AROUSING PRACTICE IN THE MIDST OF DELUSION

Three Sunday mornings with
Rev. Cathy Toldi

In person only
(no Zoom or recording)

We will study this teaching from Dogen's
"Guidelines for Studying the Way", as well as
consider the second Bodhisattva vow:

*"Delusions are inexhaustible, I vow to end
them."*



March 3, 10-12

- Studying delusion in our personal lives.

March 10, 10-12

- How to "arouse practice" and "end delusion"?
- Set up for individual practice week of March 17-23.

March 24, 10-12

- Share how individual practice went.
- Explore ways to work with your particular challenges.