

廣拔無大
度珠相哉
諸如福解
衆來田脫
生教衣服

Dai sai gedap puku
Mu so fuku den e
Hi bu Nyorai kyo
Ko do sho shu jo

Studying the Verse of the Robe

Afternoon zazenkai March 11, 2023

- 1:00 Zazen
- 1:30 Kinhin
- 1:40 Zazen
- 2:10 Kinhin
- 2:20 Dharma talk
- 2:50 Kinhin
- 3:00 Zazen
- 3:30 Kinhin
- 3:40 Shakyo/ sutra copying
- 4:15 clean up/ break/ kinhin
- 4:30 Zazen facing each other
- 4:55 Four bodhisattva vows
- 5:00 clean up and departure

